

SEE RED DAY

22 October 2016

Here's a step by step guide to the event

NOW

Get together your red outfits and accessories if you can. Lots of bright red! Fancy dress costumes are welcome as well as regular clothes. Can you carry something bright red? What about a red shopping bag, red umbrella, red balloons, red streamers. For the more adventurous, you could try red hair or red face paint. Suitable products are available from fancy dress shops. We want people to see red! Remember outfits for any family members who will be with you. Don't worry if you can't wear red though, you will still be welcome.

Remember we are welcoming selfies of you or your group in your red outfits. We hope to start a gallery on our webpage and some will be on the Facebook page as well. Just email them to webmaster@sohs.org.uk. There are instructions on the website for uploading large files such as videos, or you can email as above and we will send instructions. Facebook posts can be made in the usual way. Please remember if sending us pictures you are giving us permission to put them on our website.

Just an aside for those who can't join us. Remember you can still be part of our protest by wearing something red to work, even something discreet such as a red tie or socks for men, and a red scarf for ladies.

Congregate at Mermaid Walk, Barnstaple at 11am



GETTING THERE

Be sure you leave plenty of time to park your car - if you are coming that way - and make your way to the start. For those arriving by bus, it is only a short walk from the bus station or you might be able to get off at Green Lanes Shopping Centre.

ON THE WALK

There will be stewards at the start to help you. If there are very large numbers, arrangements have been made for overflow. Again, follow directions, please.

When the walk begins, please walk in file as directed, and do not bunch together. We are trying to create a red line, not a red bundle! It doesn't matter if there is space between you and the person in front. The red line is symbolic of the line we draw against further health service cuts. Remember those implementing changes say there are no red lines. We hope that they will see the error of their claims.

Some points are slightly tricky. As the line makes its way through Barnstaple's historic Pannier Market, it will have to thin to accommodate the narrow aisle. At the traffic lights marchers must only cross at the correct signal, and will be guided by stewards.

Please remember to conduct yourself in a responsible manner so we give a good impression to onlookers. Please do not block shoppers going about their business. And have fun!

At the Square short (short!) speeches will inform people of why we are protesting, interspersed with music and entertainment. Another feature is an information point, and informed SOHS members will be on hand to answer questions, give out literature and so on.

In the High Street there will be a soap box area, where speakers and entertainment will also take place.

Toilets are available nearby, and there are many places where you can buy food. Please feel free to stay as long as you like.

We hope you will have a great day, and thank you for supporting our campaign. Remember that images and reports will appear on the website and Facebook. Send all website contributions to webmaster@sohs.org.uk.

